



CHILDREN'S YOGA CAMP

with Casey Casteel

Kids will participate in playful poses, yoga games and storytelling through yoga. Yoga will strengthen and develop muscles and coordination in a non-competitive and nurturing environment. Yoga also enhances self-awareness, body control, imagination, empathy, self-discipline, focus, attention span and self-esteem. Lots of active fun!

Please bring a snack and drink.

CHILDREN'S YOGA CAMP - Registration Form

NAME: _____

ADDRESS: _____

CITY: _____ ZIP: _____

AGE: _____ GRADE: _____ BIRTHDATE: _____

PARENT'S NAME: _____

HOME PHONE: () _____ CELL PHONE: () _____

E-MAIL ADDRESS: _____

MEMBER OF ST. MARTIN'S? (YES OR NO): _____

KNOWN FOOD ALLERGIES: _____

FEE: ST. MARTIN'S MEMBER - \$150 NON-CHURCH MEMBER - \$160

Minimum: 4 students

Please fill out and sign Activity Center release form for this activity.

Maximum: 14 students

July 13-17

Monday-Friday.....9:00 a.m. - 12:00 noon 5-11 years

Students must be 5 years old before the start of class

Advance Registration is HIGHLY RECOMMENDED!

If you would like to pay by credit card, please use the credit card form at the back of this book.

**Make checks payable to St. Martin's Activity Center
and enroll by returning this form and fee (check or credit card form) to
St. Martin's Activity Center, 717 Sage Road, Houston, TX 77056**