

# CH's "Big Saturday" Basketball Skills Clinic

9 "BIG SATURDAYS" ~ 10:15 - 11:45 a.m.

2 Saturdays in March (24, 31)

3 Saturdays in April (14, 21, 28) NO April 7 - Easter weekend

4 Saturdays in May (5, 12, 19, 26)



"Skills, not Drills!" My passion, enthusiasm and expertise in teaching the game are unmatched. I have an extremely keen eye for teaching and emphasizing the progressive skill sets that lead up to the finished product. **WE ARE THE VERY BEST AT PUTTING YOUNGSTERS INTO A POSITION TO BE SUCCESSFUL! A strong foundation of basketball skills (not drills!) is the key to achieving that success.**

The lead clinician is John Herndon, best known to Houston area youngsters as "CH", the director of the Rice Owl summer basketball camps.

WE'LL COVER:

- BALL HANDLING - stationary handling, stationary dribbling, dribble moves.
- PASSING - chest passes, bounce passes, hook passes, passing on the run, lead passes.
- SHOOTING - technique, groove shooting motion, catch-and-shoot, shooting off the dribble, layups.
- OFFENSE - one-on-one, four-on-four, spacing, screening, movement.
- DEFENSE - stance, movement, wing denial, helpside defense, block outs.

Eligibility:

K-6th graders Grouped by skill level, then by age.



## CH's St. Martin's / Spring 2012 Basketball Skills — Registration Form

NAME: \_\_\_\_\_

GRADE THIS YEAR (2009/10) \_\_\_\_\_

DAD'S NAME: \_\_\_\_\_

MOM'S NAME: \_\_\_\_\_

SCHOOL: \_\_\_\_\_

PARENTS' HOME PHONE: ( \_\_\_\_\_ ) \_\_\_\_\_

CELL PHONE: ( \_\_\_\_\_ ) \_\_\_\_\_

E-MAIL ADDRESS: \_\_\_\_\_

\*FAMILY MEDICAL INSURANCE COMPANY: \_\_\_\_\_

POLICY #: \_\_\_\_\_

"I certify that \_\_\_\_\_ has my permission to participate in the St. Martin's "CH" Basketball workouts. I further certify that the above recreational player has medical insurance in case of emergency. I authorize the director to act for me according to his best judgment in any emergency requiring medical attention. I release and hold harmless John Herndon, Inc., including without limitation, its officers, directors, employees and affiliates for, from and against any and all liability, injury sustained, damage to or loss of personal property arising directly or indirectly while enrolled in these workouts."

Signature of Parent/ Guardian: \_\_\_\_\_

For more information or to speak with instructor regarding his refund policy, please call 713-376-0767. Please fill out and sign Activity Center release form for this class. **Cost: \$240 IN ADVANCE (Pay for 8 sessions at \$30 per session and get 9th SESSION FREE) OR Pay as you come each Saturday ~ \$30 per session. Tuition covers excellent instruction from CH and former Rice players, "CH" t-shirt, skills manual, Gatorade.**

**Make checks payable to: "John Herndon, Inc." and mail checks to: John Herndon, Inc, 4 Pembroke Court, Bellaire, TX 77401**

